

# Drug and Alcohol Quiz

## DRUGS AND ALCOHOL QUIZ

Name: \_\_\_\_\_

Date: \_\_\_\_\_

1. Most people who abuse drugs or alcohol do so only after work hours.  
 True or  False
2. One in 10 workers in the United States has a substance abuse problem.  
 True or  False
3. Which is the best description of the average substance abuser?
  - a. Male under 25 years of age
  - b. Unskilled, working in a low-level job
  - c. Anyone could be a substance abuser
4. Substance abusers generally have more accidents and are less productive than other employees.  
 True or  False
5. The possession, use, or sale of drugs is prohibited by:
  - a. The Drug-Free Workplace Act
  - b. Company policy
  - c. Both of these
6. Drug and alcohol use can lead to risk-taking that could cause an accident.  
 True or  False
7. You should inform your supervisor if you are taking prescription or over-the-counter drugs that may interfere with the safe and effective performance of your job.  
 True or  False
8. Cocaine is the most frequently used illegal drug in the workplace.  
 True or  False
9. If you talk to your supervisor or someone in human resources (HR) about getting help with a substance abuse problem, you risk being fired.  
 True or  False
10. If you recognize a substance abuse problem in a coworker, talk to the person privately, express your concern, and encourage the person to get help.  
 True or  False

1. False. Sixty percent of American workers say they know someone who has reported to work under the influence.
2. True. Some 73 percent of all current illegal drug users aged 18 and older are employed. Over 6 million active alcoholics are on the payrolls of U.S. companies.
3. c. Alcoholism and drug abuse have been called “democratic diseases” because they can victimize anyone regardless of age, sex, race, education, social status, or occupation.
4. True. Almost half of all industrial accidents can be linked to substance abuse. On the whole, substance abusers also make more mistakes, take more sick days, and are less reliable than other employees. They are also more likely to steal from coworkers and the company to support their habit.
5. c. Both the law and company policy prohibit the possession, use, or sale of illegal drugs in the workplace. Company policy also prohibits the use of alcohol. Abuse of prescription medications can also lead to violations of policy.
6. True. Drugs and alcohol can also affect your reflexes and reaction times, coordination, ability to concentrate, perception of time and space, judgment, and decision-making ability. It can also make you less productive and more careless. Sometimes drugs or alcohol also make people more aggressive and prone to violent behavior.
7. True. You should inform your supervisor if you are taking prescription or over-the-counter drugs that may interfere with the safe and effective performance of your job.
8. False. Marijuana is the most frequently used illegal drug in the workplace. Three out of 10 workers who test positive for drugs, test positive for marijuana.
9. False. Your supervisor and HR can help you find the treatment you need to overcome your problem. If you try to hide a problem, however, there is the risk that it will affect your performance so much that you could risk discipline or even discharge.
10. True. You might also suggest how the person can get information about treatment programs. If the problem persists and the coworker fails to get help, you have a duty to speak in confidence to your supervisor before someone gets hurt or before productivity, quality, and morale are seriously affected.