




Safety Module

Basics of First Aid

<p>Video – First Aid</p> <p>When an employee is injured or becomes ill, their coworkers will usually be the first ones "on the scene" and have the opportunity to provide some initial treatment. It is important that all employees are able to recognize common injuries and illnesses and have some basic knowledge in first aid techniques. This video provides training for your employees on how to properly apply first aid in emergency situations. Your employees' knowledge of basic first aid can often limit the severity of any type of injury, or even prevent a death.</p> <p>Log in Information</p> <ol style="list-style-type: none">1. Go to URL: https://www.trainingnetworkknow.com/2. Username - training@optimusrisk.com3. Password – safety4. Search Bar- Basics of First Aid – SKU 3603	<p>First Aid</p> <p>Topics covered also include:</p> <ul style="list-style-type: none">• Eye injuries• Cuts, burns and abrasions• Strains, sprains, fractures and shock• Heart attack and cardiac arrest.• Choking• Heat-related illnesses• and more. 
<p>First Aid App</p>	<p>This top-notch first aid app created by the American Red Cross offers step-by-step instructions for common first aid scenarios.</p>
<p>Is it Time to Clean Out?</p>	<p>From the minor ailment to the more serious injury a first aid kit can help reduce the risk of infection or the severity of the injury.</p>
<p>Safety Brief – Are you Ready to do First Aid</p>	<p>Would you know what to do in an emergency? If you came upon a traffic accident, if someone collapsed in your home or was injured at work, would you know how to help?</p>
<p>First Aid Quiz</p>	<p>Test your knowledge, are you ready to do first aid? This covers the basics of first aid, a good starting point</p>